

October to
December
2022

Penistone Area Council Performance Report



Barnsley – the place
of possibilities.



Penistone Area Council
Penistone East, Penistone West

Area Council Priorities

Health and Wellbeing



Supporting Young People



Local Economy + tourism



Helping People connect



Our Environment



Barnsley 2030 priorities













Barnsley 2030 Sustainable

Barnsley 2030 Growing

Barnsley 2030 Healthy

Barnsley 2030 Learning

These services address the priorities and deliver the outcomes and social value objectives for the Penistone Area Council.

Priority	Service	Contract /Grant	Contract end date	Provider	2030
	Clean, Green and Tidy	£100,000 per annum	Funded until end of September 2023	Twiggs	
	Supporting Vulnerable and Isolated Older people	£70,000 per annum	Funded until June 2024	Age UK Barnsley	
	Debt advice service	£ 8,191	Funded until March 2023	Citizens Advice Barnsley	
	Information and Advice service	£5,198 per annum	Funded until January 2025	DIAL	
	Working Together Grant Supporting Young People	£40,000	August 2023	Various	
	Principal Towns	No cost to PAC	Ongoing	BMBC	

	Outcome indicator	Q2 Oct-Dec 2022	This year 2022/23	Year 2021/22	To date
	Clean & tidy activities which involve businesses	20	62	58	268
	Young people making a positive contribution to the design/ maintenance of their local environment	2	8	76	655
	People who feel they have the opportunity to influence the design and maintenance of their local environment	24	114	299	722
	Apprentice and placements created and recruited to	0	1	2	6
	People taking up work experience placements	0	0	1	32
	Young People engaged in volunteering	2	12	95	781
	Activities which involve young people under the age of 18	25	84	156	470
	Community groups supported	14	36	56	689
	New community groups supported	1	4	3	64
	Community car scheme journeys	119	293	126	1273
	Adult volunteers engaged	197	475	680	3900
	New volunteers	26	130	123	1070
	Residents and young people receiving advice and support	109	780	571	3139
	Residents referred to health and advice	0	2	67	162
	FTE jobs created and recruited to	0	2	2	24.5
	Local spend (average across all contracts)	95%	95%	95%	95.4%
	Volunteer hours contributed (£ value)	£12,316.30	£35,601.85	£48,765.60	£383,091.94
	Volunteer opportunities created	100	76	509	2052
	People achieving a qualification / accreditation	0	0	5	157
	People receiving training	0	48	103	1164

Clean, Green and Tidy Service

Twiggs



169 volunteers supported

435 volunteer hours supported

74 rubbish bags filled

20 local business worked with

This contract provides a service to help maintain a clean, green and tidy environment in the wards of Penistone East and Penistone West. The emphasis is to work with the community; incorporating volunteers, local businesses, parish councils and local schools to empower and enable a sustainable approach. With pandemic restrictions lifting in this final year of the contract for the first time in two years, the contract has worked in a more 'normal way' supporting community groups, parish maintained areas , as well as returning into schools to achieve the educational outcomes of the contract.

Highlights

12 (Target 10) Groups and parishes supported. This has included both Twiggs led initiatives and demand from groups who are now becoming more active.

Groups worked with this quarter included: Springvale Community Gardens, Saunderson Gardens, Royd Community Gardens, Silkstone Care group, Team Green Moor, HB+, Silkstone Heritage group and support to the Penistone Food Buddies with moving supplies. Parishes worked with included : Ingbirchworth Recreation Ground, Tree Planting in partnership with Ingbirchworth Parish Council, and work with Stainborough, Cawthorne, and Oxspring on joint projects.





- 22 individual projects (target 15) – Twiggs working independently either self initiated or requested. Included path clearance, hedge trimming, bench recovery, moss clearance at various sites across the area.
- 14 Twiggs led social action initiatives – Activities arranged by Twiggs but including volunteer input. This quarter included: Bridge End Penistone, Hood Green pavilion, Road edging outside Tankersley school, Windermere road incredible edible bed preparation, Moss clearance activities at Thurlstone, and High Street clearance with local shops.
- 20 (target 8) activities working with businesses this quarter. This has included working directly with companies who have offered volunteer support to projects such as GXO logistics working with Penistone Archive group on the turntable and McDonalds working with TPEG. Individual businesses have continued to provide resource to volunteers such as The Range supplying plants and Cannon Hall gardeners who allowed volunteers from Team Green Moor to come and collect removed plants as a donation for community groups to utilise. A good response to the High Street clean up was also made by businesses there.

- Activity with schools has improved this quarter and included activities with St Johns and Tankersley Primary school children and also an activity with Penistone Grammar supporting with careers education. This has increased the number of pupils involved in environmental projects to 25 (target 20) for the quarter, up from 13 last quarter.
- The team has continued to support with the Take a Seat Campaign working with the Area Team and Healthier Communities and links have been made to support with a refurbishment with Men In sheds (once they have moved to new premises)
- Volunteer numbers are starting to improve with 163 adult volunteers (up from 145 last quarter) against a target of 130 for the quarter. This includes 24 new adult volunteers and 2 new young volunteers.
- The Twiggs apprentice for the area is making great progress and works well with our volunteer groups *“Larni continues to have great social skills when communicating with volunteers. She adds a friendly social aspect to the team and always chats with the volunteers with a smile on her face”*



Supporting Vulnerable and Isolated Older people

Age UK Barnsley



933 interventions

39 people helped

28 volunteers worked with

464 volunteer hours

119 community car journeys

£36,781.16 estimated benefit gain

Social Action and Volunteering

Ageing Well in Penistone is the contract delivered by Age UK Barnsley to address loneliness and social isolation among older people in the electoral wards of Penistone East and Penistone West. The Service provides support at a one to one level through volunteer be-friending , helps to establish group activities with a particular emphasis on health outcomes, provides information and advice targeted to older people, special events and a community car scheme to help people access social and health activities and appointments. Two social inclusion workers are attached to this contract employed by Age UK Barnsley.

Highlights

- There have been 16 new referrals 2 have become long term service users with support from the SIO.4 wanted group information 1 signposted to Silver Line 7 signposted to Dial-a-Ride and now attend groups 1 had complex needs and not appropriate for our service 4 referred to other services and no longer need support from this project 1 now has befriender 1 Men in sheds waiting for premises to be completed 9 require occasional contact, 2 awaiting a suitable volunteer match 2 have been befriending each other.
- 2 new active volunteers in this quarter with 5 volunteers currently going through the application process.
- Information and advice 10 new clients and also continued with follow up work from previous quarters with a further 8 clients. Are already a number of clients waiting for work which will be delivered in the next quarter, so demand for the service remains and it is anticipated to increase with the ongoing Cost of Living crisis. Fuel poverty checks carried out.

Outputs	Target	Actual
Number I&A Service Users	15	10
Community Car Journeys	50	119
Number Volunteers Existing , active volunteers	30	28
Number of new volunteers; Includes befrienders/good neighbours/car drivers	No target	2
Increase in Wellbeing	+4	+4
Decrease in Loneliness	-2	-2

- Community Car Scheme continues with 2 volunteer drivers. Recruiting new drivers continues to be a challenge as most potential volunteers are interested in befriending and events rather than driving, new ways to attract driver is being explored.
- Men in Sheds continues to go well with 21 regular attendees. Plans to move the Penistone theatre did not work out but a new site has now been secured thanks to a local resident who has builds at the Old Waterworks. Men from Crow Edge Community Group are assisting with the move and in return, the men in sheds group will be making planters from recycled wood for the outside area of Crow edge Community Centre.
- Links continue with U3A and regular referrals are made to various groups
- Some regular groups are now moving over to becoming self sufficient : Pilley Healthy life group the exercise will be run by an external provider and the social element is seeking a volunteer to run it. Wortley afternoon will be run by the church volunteers with support from Age UK staff with special events.
- Age UK staff will continue to support the Happy Vibes café as it requires special knowledge for dementia, and the Tea and chat group at Weavers Court last Friday each month, 2pm at Weavers Court, Penistone
- A number of events were held in the run up to Christmas to bring people together these included an event in collaboration with the Mayor of Penistone and Penistone Round Table at the Paramount Cinema attended by 121 older people, Christmas lunch at Millhouse Green (also generated interest in the new luncheon club and 5 volunteers have come forward to help. 22 people have signed up to attend.) And a special social event for volunteers to say thank you.



Dementia Support

- Penistone benefitted from the Maintenance Cognitive Stimulation Therapy (MCST) programme, run over 24 weeks which came to an end on 6th December. 6 participants attended up to the last session and a 7th stopped attending in November – this is mainly due to the family having taken on a personal assistant who takes him on days out. The MCST programme has been successful and has had a positive impact on the participants in adding to their social activity and helping to maintain or improve cognitive function. Official outcomes will be provided by the Programme managers.
- All the participants have been invited to join the Happy Vibes Memory Café which meets fortnightly at Penistone Leisure Centre and is run by one of our SIO's.



Other additional support to this contract from Age UK

Digital Inclusion – continues to be offered but hasn't been taken up by any clients in the Penistone area this quarter.

Barnsley Older People Physical Activity Alliance (BOPPA)

- Healthy Bones class - Thurgoland Village Hall, Thursdays 10am to 12noon
- Tai Chi – St. John's Community Centre, Penistone, Fridays
- Walking Rugby - Wortley RUFC (new)
- Walking Football - Thurgoland Village Hall
- Nordic Walking for Men - Cannon Hall, to start in Jan 2023 (TBC)
- Healthy Body, Healthy Ageing - St. Andrews Church, Penistone in Jan 2023
- Healthy Body, Healthy Ageing – Thurgoland Village Hall, starting in Jan 2023

Healthy Heart project

Our Health and Wellbeing SIO is now in place and will be launching a H&W group in the Penistone area in the New Year. This group will provide a mixture of mindfulness, exercise, healthy eating/cooking demonstrations and will offer advice on healthy choices regarding smoking and drinking. All aimed at heart health.

85 Winter Warmth packs and 18 slow cookers have been given out to older people who are at risk because of the cost of living situation.

20 Christmas hampers, donated by Penistone Round Table, have been given out.



Barnsley Citizens Advice

54 people supported (25 target)

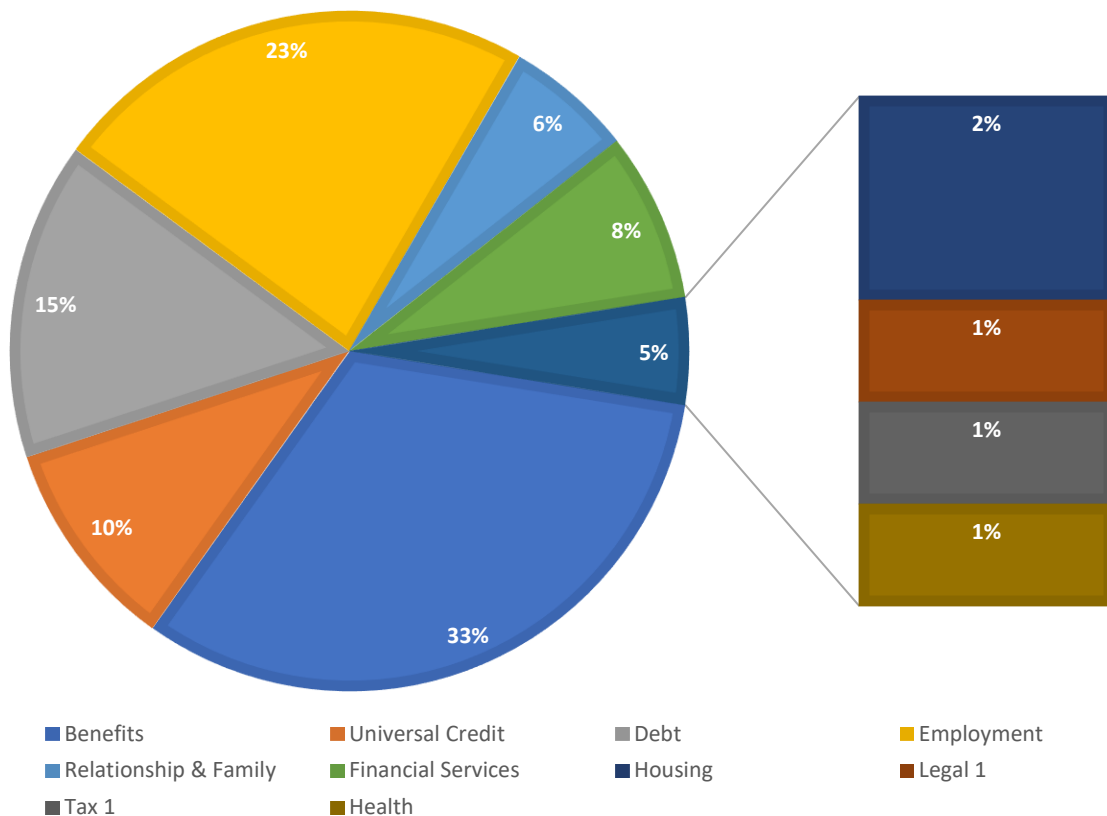
£504 of debt managed this quarter (£1.1m since project started in 2019)

£4,004 of benefits claimed (£217k since 2019)



The advice service has supported clients with a variety of different issues, but as in previous years, the most common are Benefits and Tax Credits, Debt, and Universal Credit. As well as improved financial outcomes the support provided by the advice service also helps to improve health and wellbeing, reduces client stress, and improve resilience by increasing the client's ability to cope through self-help.

BARN斯LEY CITIZENS ADVICE 82 ISSUES DELT WITH THIS QUARTER



The service for Penistone continues to be offered via telephone and digital although face to face work is returning in other areas. CAB will continue to monitor the situation as take up rates for Penistone have been much higher since the service offer is on-line and via telephone, there may be potential for a blended approach in the future months.

The percentage of clients seeking debt advice is still quite low with higher numbers having sought advise with benefits and a growing number seeking employment advice. The contract currently provides a return of £7 for every pound invested.

Impacts of Cost of Living.

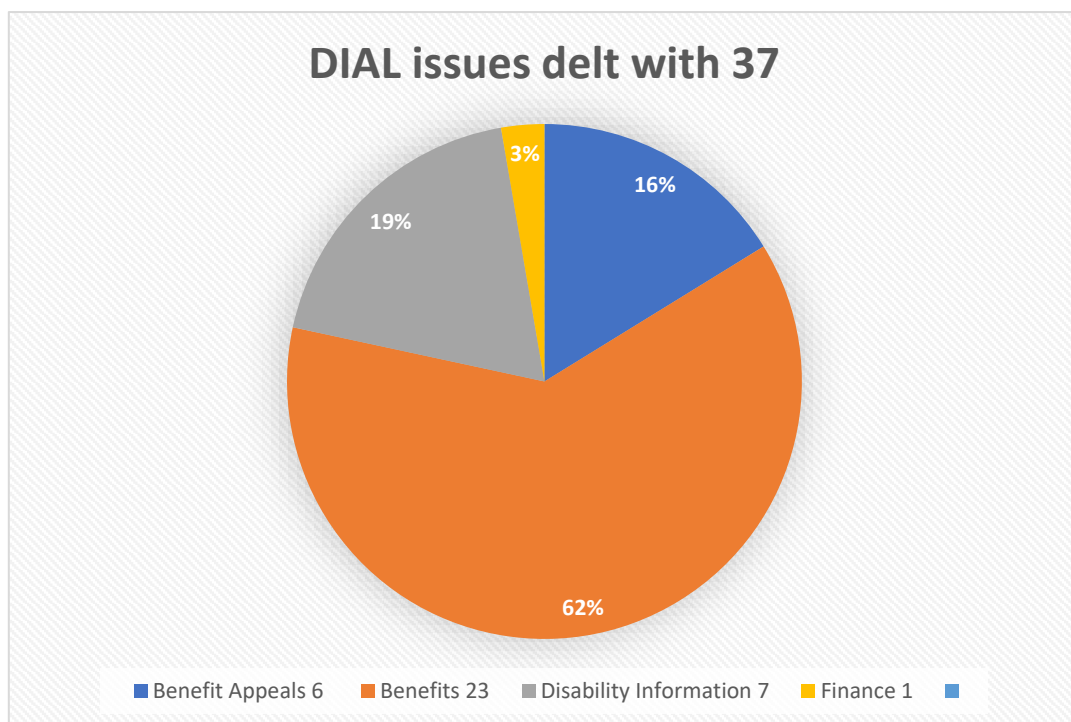
CAB are continuing to support this with additional funding outside of this contract to provide energy advisers that can be called upon as needed. Fuel vouchers are also available from advisers. CAB will be supporting the Penistone area with the More Money In Your Pocket events planned for February 2023.

DIAL
Barnsley

37 enquires made
£94,299 benefits claims supported
50 hours of volunteer involvement
For every £1 invested in the project £52.02 returned to the area



DIAL help to reduce the financial exclusion of residents and work towards lowering anxiety. This is the last quarter of the current contract which expires in January 2023.



During the last quarter, DIAL has continued to provide face to face advice at Penistone town hall by appointment only, this inevitably reduces the number of clients seen, but is seen as the most effective means of dealing with client issues face to face. The contract is bolstered by central funds (outside of PAC funding) which support the phone service which included 89 contacts this quarter (compared to 90 last quarter). This continues to be monitored on a quarterly basis to ensure the contract is sufficiently funded to meet the demand. Volunteer support is invaluable to be able to triage client contract and provide necessary support to advisers with caseload follow up.

End of year stats for this contract

Activity/Intervention	QTR 1 Jan to Mar 2022		QTR 2 Apr to Jun 2022		QTR 3 Jul to Sep 2022		QTR 4 Oct to Dec 2022		Total Project target
	T	A	T	A	T	A	T	A	
No of people accessing the advice service	46	170	46	57	46	27	46	37	184
No of volunteers supporting the project centrally	2	0	2	2	2	0	2	0	2
No of volunteers supporting the project locally on site	1	0	1	1	1	1	1	1	1
No of hours volunteers support the project	60	0	60	50	60	50	60	50	240

Analysis of Benefit Income Gain

Period	Actual	No of claims awaiting decisions/not known
Quarter 1	£32,311	10
Quarter 2	£73,807	38
Quarter 3	£63,198	20
Quarter 4	£94,299	32
Total	£263,615	

Cost of Living impacts

DIAL continues to provide additional support through energy advisers and is also supporting the Penistone area with the More Money in Your Pocket events planned for February 2023. Further cost of living initiatives are planned by DIAL thanks to funding secured via the UK Share Prosperity Fund from the Council, and 60 Winter Comfort Packs for adults in the Penistone area to help them stay warm and mentally active at home were funded from the PAC Practical Support Grant funds pot.

The bags included warm and comfort items such as:

- * Warm items like socks, gloves, hats, blankets etc
- * Comfort treats like hot chocolate, shortbread biscuits, chocolates etc
- * Wellbeing themed items like puzzle books, mindfulness, colouring etc
- * Bags to store the items

Supporting Young People Grant Fund

A second year of funding was allocated from PAC funds to support this grant in 2022. Four projects were successful in gaining funds to deliver 12 month projects to support young people in the Penistone area. All projects started in September 2022

Ad Astra (working in Penistone Grammar school)

Ad Astra

- Weekly group support for young people with emotional wellbeing – targets year groups per term
- One to one support to young people pre-16 from referrals



- The project has established good links with the school who refer pupils for the one to one support and group work sessions. The school provides the project with a regular space upstairs near the school library and separate rooms in the Well Being Space for one to ones.
- Started in school from September revisiting 4 young people from Y8 and Y9 who the project had worked with towards the back end of last term, providing intensive one to one sessions over a 6 week period. Issues picked up in this included Estranged families, lack of confidence, challenging behaviour which were addressed by techniques and discussion on how to move forward positively
- From October to December group work started with Y7 pupils referred by year tutors. This included 5 young women and three young men from Year 7. The issues covered started with transition concerns from their Primary schools to over the summer and the start of Year 7 and covered Friendship Groups, Organisational Skills Managing emotions, Family, Me Myself and I. The group responded well and became supportive of each other
- A second cohort of one to ones took place from October to end of term in December of 3 females and 1 male
- 12 sessions have been delivered since the project started
- The project is in discussion with the school to look at young people from the group sessions accessing the school's peer mentoring qualification group in future.
- Group work will continue with a new cohort of Yr 8 pupils next term

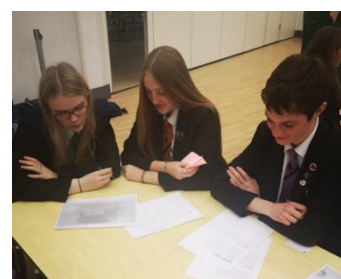
Penistone Grammar School

Inspire for the future

- Supporting 50 students with a level 2 qualification in peer mentoring
- Inspirational speakers in school promoting anti-bullying and positive wellbeing..



- 25 students have had the one-day training session on peer mentoring. Delivered in school but with the assistance of volunteer medical students (in their third year of training to become a doctor). Work books now been submitted for marking and their qualifications should be gained later this year.
- Peer mentors will begin mentoring this February half term.



- External speakers have been brought in to the school to help develop our student's cultural capital (their knowledge of the wider world and developing skills beyond the classroom).

Examples include:

Simon James Green, a renowned author who spoke to students on a range of topics including how to become an author, LGBTQ+ issues and anti-bullying.

Dr. Marie Tidball, (pic right) an ex-Penistone student who is standing as Labour candidate for the Penistone and Stocksbridge constituency. She talked about inclusive leadership, representation in public life and being future change-makers.

Miriam Cates MP who spoke to our politics students about life as an MP as well as being probed on some of the current issues facing the nation.



- Held first husting of the local council, with questions asked about local developments in Penistone, housing and the cost-of-living crisis. We will continue to grow this provision and are hoping to get in more local speakers in the new year.



Angel Voices

Singing for wellbeing and confidence

- Singing workshops for young people up to 18 in Penistone or surrounding village venues
- Quarterly local performances to raise money for charity
- Young People achieving ABRSM qualifications

We have delivered 6 Singing Workshops in the first quarter starting in October 22
The workshops have been very well attended and we have seen both regular and new students attend
We have been working towards several targets in this quarter

- Learning Scales from the Royal School of Music that will be performed in an exam in 2023
- Rehearsing the first of 3 songs that will be sung in the exam (Hushabye Mountain) Grade 2 standard
- Learning how to audition as 6 of our Singing Workshop students were picked by producers from ITVs Kids Voice and Britains Got Talent (one of which is through to the final rounds and we will discover the outcome in the middle of January 23)
- Rehearsals of the students chosen songs and Christmas solos for the Feeling Christmassy Concert
- We worked on confidence building and positivity voice preparation for a strong performance and feeling good about ourselves in front of an audience, examiner and producers

We have introduced new games to begin with for kids to bond together to help with social interaction
• 5 of the attendees took their solo ABRSM exams in November and all gained merits and distinction they had worked on their exam songs in workshops demonstrating to others what was required and gaining precious performance skills in front their peers, this was the first time they had entered for an exam and our experienced volunteers Phoebe McNicholas (grade 8 singing and piano) and Aaron Bramley (grade 6 singing) acted the role of examiner

A segment of our regulars are now attending other groups that they said they didn't have the confidence to audition for before the workshops
which includes BYC, Junkyard and getting more involved in school / church music activities
We have added extra workshops in the month due to students attending other activities now so that they get to at least one of ours in the month and this seems to work well

We have had a fabulous reaction to our first concert and we raised £480
The Angel Voices Community Choir volunteered their time and attended this event to add inter generational aspect to the evening and the students were inspired by them and joined them for the last song of the evening. The Choir sang during the interval a selection of carols and Christmas songs which gave value to money and a lovely live atmosphere as mince pies, cakes and drinks were served by volunteers
Volunteering has been offered via moving and handling, errands, serving refreshments, meeting and greeting, collecting ticket money and signing people in.
The only setback has been several parents became poorly just before the concert and so could not attend to see or bring their child



Lauren



HARRIET



Girlguiding Barnsley West

Next steps project

- Activities to provide learning and skills for independence and confidence away from home accredited through badge attainment
- Attendance at the proposed events at Kingswood

- Girls Going Away Badge now developed to provide a focus for activities to support with learning
- Going on guide camp, brownie pack holiday or rainbow sleepover is one of the highlights of Girlguiding, and the memories stay with girls for years. Many adults still recall the adventures and mischief of their time away with Girlguiding. With Covid, many girls have not had the chance for some years to stay away and have missed the skills, confidence and experience this builds for life.
- The badge will enable girls to start learning and preparing for being away and will be undertaken over the next few months in preparation for the event planned at Kingswood later in the year
- Event planning currently underway to ensure that the experience will enhance skills and learning developed through badge.

Area Team Update

During the quarter three period the Penistone area team has initiated a number of activities which have contributed to Penistone Area Council priorities , specifically providing a focus on winter wellbeing and the rising cost of living.

Winter Wellbeing

- ✓ Identifying external funds to support with winter wellbeing
- ✓ Working with partners to identify need in the area



- ✓ Sourcing items and making up 50 Children's winter warmth bags for delivery to 6 local primary schools who had identified families in need
- ✓ Sourcing items and facilitating Ward Alliance members and volunteers in the making up 176 winter warmth packs for older people in the area



- ✓ Supporting the Penistone Xmas hamper project and Penistone Food Buddies to secure additional funding to enhance their offer locally.

Christmas Living Magazine

- ✓ Providing content on the work of the Area Council and Ward Alliance
- ✓ Promoting services for the Penistone area
- ✓ Celebrating the success of Penistone volunteers
- ✓ Introduction to support with rising cost of living in the Penistone area and help available in the community



Launch of new Partners in the Penistone Area (PIPA) network

- ✓ 28 individuals now registered as part of the network representing services, community groups, parishes, and local business
- ✓ First meeting to focus on cost of living and look at a localised approach
- ✓ Initiated the need to set up a local booklet of information (drawn up by the team and now available as part of the more money in your pocket events)
- ✓ Provided support to establish the more money in your pocket events for February 2023
- ✓ Established working relationships between partners in our area
- ✓ Further meetings to focus on specific themes